

## **CHARLESTON VARIATIONS - SOLO/FREESTYLE – SHORT LIST**

1. Anything from the Partnered lists can be done freestyle
2. Flick kicks with optional slaps to the outside of the foot: Jump feet together then kick one foot behind and to side of body, rotating inward from the hip; optional claps on downbeats
3. Around the world: kick front, turn body \_ and kick back. One more kick front and then feet together. Repeat to other side.
4. Knee-slap: step R, bring L knee-up and slap, touch RF down, L knee-up with slap, step R, rock step (1&2&3 4&)
5. Pas de bourree' and tap: swizzle back-side-front RLR then lift and tap LF twice
6. Pas de bourree' and lift knee: Swizzle back-side-front lift knee
7. Pigeon Toes: “walking” feet sideways, lifting one heel and the opposite toes each time (also done in combination with Monkey Knees)
8. Monkey Knees: both hands to knees, bring knees together and switch hands to opposite knee; open knees then close again, switching hands back to first knees (also done in grande plie', or with 2 or 3 people side-by-side)
9. Shimmy, feet planted
10. Swing kicks to 2<sup>nd</sup>: leap onto R foot, with the L knee bent and L foot behind weighted R foot. Hop R and swing L leg to 2<sup>nd</sup>, kicking low. Immediately leap onto L foot and prepare R leg to swing kick.

## **CHARLESTON VARIATIONS - PARTNERED - CLOSED POSITION**

Woman reverses all directions

1. Step-Kick Basic for Gents: step forward kick-front, step back touch-back  
(Ladies: step back touch-back, step forward kick front)
2. Step-Touch Basic for Gents: step forward touch-front, step back touch-back  
Ladies: step back touch-back, step forward touch-front
3. Walking Charleston: Backing the lady or the gent, walk 3 or 7 steps, then touch;  
Reverse
4. Polka: Side together side with kick-up on count 4
5. Chugs – any repeatable mathematical pattern
6. Grapevine: 5th position to 1st position with swizzle, stepping sideways back-side-front-side; travel L or R
7. Swing L leg wide to the side, touching front and back, 4X. (She reverses.)

## **CHARLESTON VARIATIONS - PARTNERED - OPEN POSITION IN OPEN/SIDE-BY-SIDE OR PROMENADE POSITION**

Starting on Gents LF, Ladies RF

1. 3-step Charleston forward, touch front, then reverse, travel back and touch back.  
(Optional: with high kick front and hit the floor while touching back.)
3. Basic step-kick with Lindy rock-step: step kick step rock-step (1 2 3 4&)
4. 1-2-3 kicks: step kick step touch, step kick kick step touch, step kick kick kick  
step touch step
5. Step and kick front many times, continuously hopping on the other foot
6. Step then kick front-back-front, repeatedly, while hopping on the other foot.
7. Double kick front, step back, touch back and step in place (1 2&3 4)