

Plain Quadrille

There are many versions of the plain quadrille (originally called the "First Set"). Here is one (with some variations) that is described early in the 20th century.

	SIMPLE VERSION	Variant
Fig. 1	(32 measures): (First head two couples, then side two couples)	
	8 measures: Salutations (bows)	
(8)	Rights and lefts	Rights and lefts
	Promenade	Set to partner & turn with both hands (8)
(8)	Ladies chain	Ladies chain
	Promenade	Half promenade, half rights and lefts (8)
Fig. 2	(24 measures): (First head two couples, then side two couples)	
	8 measures: Wait	
(4)	Forward and back	Forward and back
(4)	Cross over	Cross over
(4)	Forward and back	Balance to partner
(4)	Cross back	Cross back
(8)	Promenade	Set to partner & turn with both hands
Fig. 3	(32 measures): (First head two couples, then side two couples)	
	8 measures: Wait	
	Right hands across with opposite (let go, and face back to home place)	(4)
	Left hands back, but don't let go, and take hands with own partner (women cross hands), making a circle of 4 people	(4)
	Balance in circle	(4)
	Promenade (with partner) to opposite place	(4)
	Women forward and back	(4)
	Men forward and back	(4)
	All 4 forward and back	(4)
	Half rights and lefts to home place	(4)
Fig. 4	(32 measures): (4 times - head 2 couples, with 1st man leaving woman, then head 2 couples again, with opposite man leaving woman, then sides similarly)	
	8 measures: Wait	
	Forward and back	(4)

Forward and back, but 1st man leaves his partner with opposite man	(4)
3's forward and back	(4)
3/s forward and back, but man leaves both women with opposite man	(4)
New 3's forward and back	(4)
3's forward, and make a circle of 4	(4)
Take hands in circle, slide to left so each couple is in others place	(4)
Half rights and lefts to home place	(4)

Fig. 5 (32 measures):

1 chord (or a couple of measures) music: Wait

All 8 take hands in a circle, and slide left all around OR slide left 8 measures, and right 8 measures OR promenade all round with partner (8)

Forward and back	Forward and back	(4)
Cross over	Cross over	(4)
Forward and back	Balance to partner	(4)
Cross back	Cross back	(4)
Promenade	Set to partner & turn with both hands	(8)

After everyone has danced this (2 or 4 times through the music), everyone take hands and go into the center and out, twice

Balance (or Set): there are many versions of this. I'm suggesting: step right, swing left across, step left, swing right across, and repeat. But it is also common to face partner, take both hands, crossed, and slide to mans left for 8 slides, then back (and skip the 2 hands round), OR slide left 4 and right 4, repeated, OR face partner and both walk forward (so left shoulders are adjacent) and back, OR face partner and both walk to right and left.